

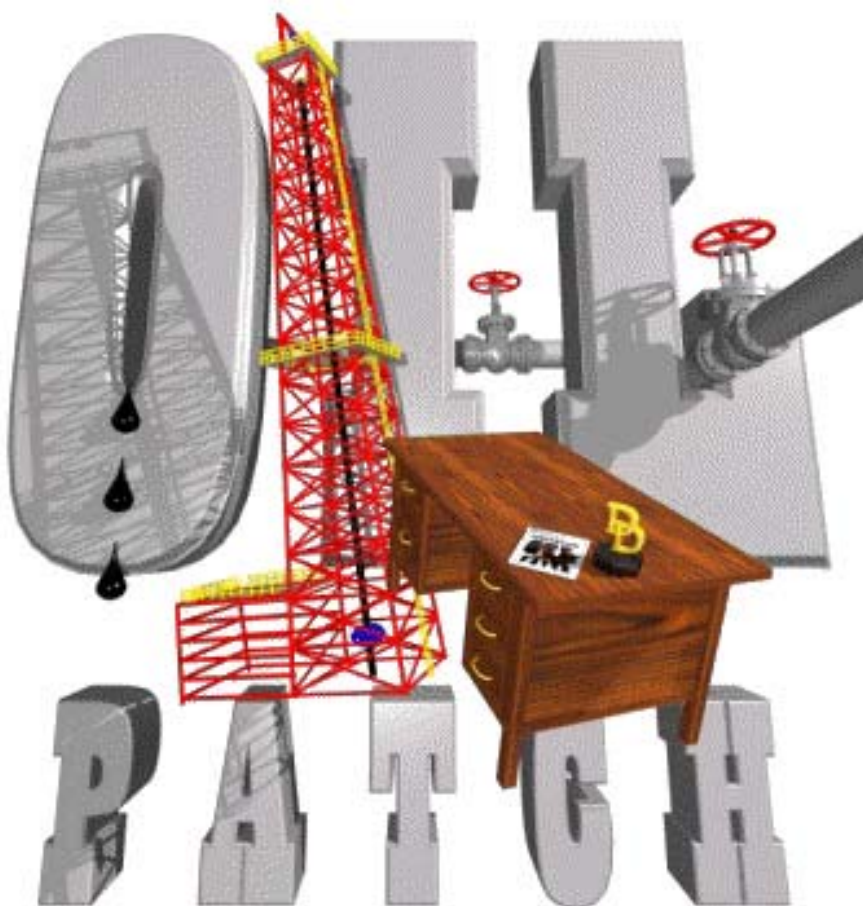
# DESK & BERRICK CLUB of the WESTBANK

Volume 33

August 2009

Number 8

## WESTBANK





#### **ADDC President**

Reginia Garner  
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 (505) 748-3444 H  
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[reginiagarner@mackenergycorp.com](mailto:reginiagarner@mackenergycorp.com)

#### **Region III Director**

Elaine Lesnak  
 M-I SWACO  
 P. O. Box 317  
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 (504) 341-2322 H & HF  
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[elesnak@miswaco.com](mailto:elesnak@miswaco.com)

#### **Westbank President**

Cheryl LeBoeuf  
 110 Mu Street  
 Belle Chasse, LA 70037  
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# Motto

## Greater Knowledge - Greater Service

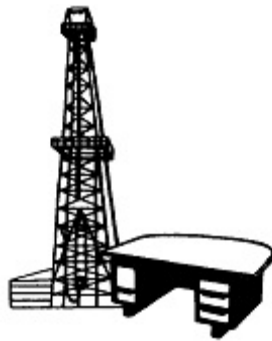
### CLUB PURPOSE

The purpose of this club shall be to promote the education and professional development of individuals employed in or affiliated with the petroleum, energy, and allied industries.

### MISSION STATEMENT

The mission of the club is to enhance and foster a positive image to the global community by promoting the contribution of the petroleum, energy and allied industries through education by using all resources available.

**Monthly General Membership Meeting held  
the fourth Wednesday of each month at  
The Four Columns, 3711 Westbank Expressway, Harvey, Louisiana  
Meetings begin at 6:00 p.m.**



**RSVP to Gaylen Guillory  
(504) 301-8809 or [gagui811@cox.net](mailto:gagui811@cox.net)**

The Westbank Oil Patch is published monthly.  
Submit articles or items of interest to  
Theresa Adams, Editor – 300 Long Lake Drive, Covington LA 70435  
[theresabadams@bellsouth.net](mailto:theresabadams@bellsouth.net)  
**Club web site: <http://www.westbankdandd.org>**  
Cover artwork by Superior Software Design

# **Guide to Knowledge**

## **August 2009**



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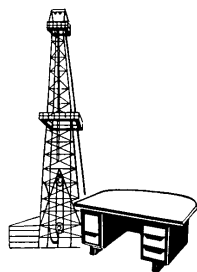
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# Association Information





**ASSOCIATION OF  
DESK AND DERRICK  
CLUBS**

**Board of Directors**

**PRESIDENT**  
**Reginia Garner**  
Silver Oak Drilling LLC

**PRESIDENT ELECT**  
**Donna Siburt**  
Dominion East Ohio

**VICE PRESIDENT**  
**Angie Duplessis**  
ConocoPhillips

**SECRETARY**  
**Judi Adams**  
Shell Exploration

**TREASURER**  
**Ruby Redington**  
ConocoPhillips

**IMMEDIATE PAST PRESIDENT**  
**Sheryl Minear**  
WolfePak Software

**EXECUTIVE ASSISTANT**  
**Misty Hendricks**  
Hendricks Consulting

**PARLIAMENTARIAN**  
**Nell Lindenmeyer**  
A Plus Well Service

**REGION I DIRECTOR**  
**Christine Wolfe**  
Marathon Oil Co.

**REGION II DIRECTOR**  
**Marsha Bundy**  
Marathon Pipeline Co., LLC

**REGION III DIRECTOR**  
**Elaine Lesnak**  
M-I Swaco

**REGION IV DIRECTOR**  
**Lois Roberts**  
Edward Jones

**REGION V DIRECTOR**  
**Linda Clark**  
A Plus Well Service

**REGION VI DIRECTOR**  
**Linda Gau**  
Continental Resources Inc.

**REGION VII DIRECTOR**  
**Brian Carter**  
Fortis Alberta



**Reginia Garner**  
ADDC President

Silver Oak Drilling, LLC  
803 W. Centre Ave  
Artesia, NM 88210-2721  
(575) 748-1288 O  
(575) 746-9539 F  
(575) 748-3444 H  
reginia@pvt.net (h)

reginiagarner@mackenergycorp.com (o)

August 2009

Greetings Members!

What a wonderful summer we're having! I hope you've all had a chance to spend a little time with friends and family. Summer here in New Mexico can be beautiful to those of us who are accustomed to the heat and dry air. I imagine others would think we're crazy living in an area where the summers average over 100 degrees every day and we tend to go for weeks without a hint of rain, but this year has been a little different – July was actually milder than normal for us and we've even had a little rain lately. So, in the middle of our normally brown countryside you can see patches of green sprouting. Just goes to show you that even in the middle of the desert there's still hope for something better. Seems to be like our industry this year, even though we're in the middle of a valley, you can still see the trail heading up toward the next peak.

By now I'm sure you've heard everyone reminding you of the upcoming ADDC Convention in Calgary. We just can't help ourselves – we all know it will be a wonderful experience and keep hoping that as many members as possible will be joining us. I've heard that one of the Monday field trips has already reached its limit, so if you haven't sent in your registration yet, check the website for the revised registration form (it shows the one that's full). Delegates and Alternates were supposed to be registered by July 24, but everyone else has until August 14<sup>th</sup> to avoid the late registration fee!

Another date you need to remember is August 20, 2009. That's the deadline for entries to be submitted for the Nickle's Energy Person of the Year. All our clubs did a wonderful job in 2008 with their submissions – and we know there are just as many, if not more, qualified individuals who deserve this wonderful award. Please remember that each club may submit up to three (3) members of their club for this honor. Let's make 2009 a record year for entries.

For those who have been waiting for news about the upcoming Teaching Guide for the Energy Activity Books – your wait will soon be over!! Dr. Karen (Kay) Zellmer has the first draft done and is working on editing and a pilot program. She has graciously agreed to put together a Power Point presentation regarding the guide and it's new, fun additions which will be shown at the Convention in Calgary. In addition to the already fabulous EAB, teachers will be able to include highlights such as:

- A Rap song called Fossil Fuel Rap
- A game – Petroleum Pursuit
- A dessert they can all make – Petroleum Parfait
- An art activity – Art-Oleum
- A glossary – Petro-Glossary

I don't know about you, but I'm so excited to see the finished project and can hardly wait to offer these great teaching tools to our schools. What a wonderful way to introduce energy education to our students!

Have a great August – I look forward to seeing you in Calgary in September!

*Enjoy the little things, for one day you may look back and realize they were the big things. ~Robert Brault*

**Association of Desk and Derrick Clubs**  
**2009 Board of Directors**

<b>Name/Member Info</b>	<b>O/H</b>	<b>Office Info</b>	<b>Home Info</b>	<b>Phones</b>
<b>Reginia Garner</b> President Artesia <b>YrMemb:</b> 1981 <b>Bday:</b> 02/27 Accountant/Bookkeeper	H	Silver Oak Drilling , LLC PO Box 1370 Artesia, NM 88211-1370 reginiagarner@mackenergycorp.com	803 W Centre Ave Artesia, NM 88210 reginia@pvt.net	(505) 748-1288 O (505) 746-9539 F (505)748-3444 H
<b>Donna Siburt</b> President Elect Tuscarawas Valley <b>YrMemb:</b> 1992 <b>Bday:</b> 06/18 Business Performance Analyst	O	Dominion East Ohio 7015 Freedom Ave NW North Canton, OH 44720-7381 donna.l.siburt@dom.com	6380 Easton NE Louisville, OH 44641 dsiburt@neo.rr.com	(330) 266-2102 O (866) 368-2710 F (330) 875-3260 H
<b>Angelia Duplessis</b> Vice President Westbank <b>YrMemb:</b> 1978 <b>Bday:</b> 12/09 HR Support Spclst-Payroll	O	ConocoPhillips PO Box 176 Belle Chasse, LA 70037 angie.a.duplessis@conocophillips.com	1802 Farmington Pl Gretna, LA 70056	(504) 656-3221 O (504) 656-3000 F (504) 367-9202 H
<b>Judi Adams</b> Secretary Houston <b>YrMemb:</b> 1990 <b>Bday:</b> 08/28 Administrative Associate	O	Shell Exploration 150 N Dairy Ashford,WCK A 2034 Houston, TX 77002 judi.adams@shell.com	14708 D Perthshire Rd Houston, TX 77079 judi@netbox.com	(832) 337-1632 O (832) 337-0552 F (281) 597-8914 H
<b>Ruby Redington</b> Treasurer Bartlesville <b>YrMemb:</b> 1998 <b>Bday:</b> 06/19 Analyst	O	ConocoPhillips 1070 Plaza Office Bldg Bartlesville, OK 74004 ruby.e.redington@conocophillips.com	1632 S.W. Jennings Bartlesville, OK 74003	(918) 661-4122 O (918) 336-2511 H
<b>Sheryl Minear</b> Imm. Past President Abilene <b>YrMemb:</b> 1983 <b>Bday:</b> 10/11 Account Representative	O	WolfePak Software 2901 S 1st St Abilene, TX 79605 sheryl@wolfepak.com	1250 S Bowie Dr Abilene, TX 79605 sheryl_minear@sbcglobal.net	(325) 677-1543 O (325) 677-1599 F (325) 698-7831 H
<b>Misty Hendricks</b> Executive Assistant Artesia <b>YrMemb:</b> 1992 <b>Bday:</b> 03/01 Owner	O	Hendricks Consulting 1610 W Mann Artesia, NM 88210-2283 mmchendricks@pvtnetworks.net	1610 W Mann Artesia, NM 88210 mmchendricks@pvtnetworks.net	(505) 748-8888 O (505) 746-1675 F (505) 748-8888 H
<b>Nell Lindenmeyer</b> Parliamentarian Farmington <b>YrMemb:</b> 1976 <b>Bday:</b> 07/10 Engineering Tech	O	A Plus Well Service PO Box 1979 Farmington, NM 87499 nell@apluswell.com	6979 Alyssa Ct. Farmington, NM 87402 nlindenmeyer@yahoo.com	(505) 325-2627 O (505) 325-1211 F (505) 486-6958 H
<b>Andre' Martin</b> ADO Manager  <b>YrMemb:</b> 2005 <b>Bday:</b> 02/17 ADO Manager	O	Assoc. Distribution Office 5153 E 51st St., Ste 107 Tulsa, OK 74135 adotulsa@swbell.net	6734 E. 60th St. Tulsa, OK 74145 drezorama@aol.com	(918) 622-1749 O (918) 622-1675 F (918) 406-4659 C

O/H - Preferred Mailing Address

**Association of Desk and Derrick Clubs**  
**2009 Regional Directors**

<b>Name/Member Info</b>	<b>O/H Office Info</b>	<b>Home Info</b>	<b>Phones</b>
<b>Christine Wolfe</b> Region I Buckeye <b>YrMemb:</b> 2001 <b>Bday:</b> 02/20 Administrative Assistant	O    Marathon Petroleum Co., LLC 539 S Main St Rm 6137 Findlay, OH 45840 cnwolfe@marathonoil.com	538 Winfield Ave. Findlay, OH 45840 cwolfe8@woh.rr.com	(419) 421-3591 O (419) 421-4516 F (419) 425-1853 H
<b>Marsha Bundy</b> Region II Little Egypt <b>YrMemb:</b> 1995 <b>Bday:</b> 10/16 Operations Technician I	H    Marathon Pipeline Co 8762 US Hwy 51 Vernon, IL 62892 mabundy@marathonpetroleum.com	1158 Fayette Rd Vernon, IL 62892 mbun@ruralcomm.net	(618) 432-7223 O (618) 432-5816 F (618) 267-4916 C
<b>Elaine Lesnak</b> Region III Westbank <b>YrMemb:</b> 1995 <b>Bday:</b> 11/01 Sr Accounting Clerk	O    M-I SWACO PO Box 317 Harvey, LA 70059 elesnak@miswaco.com	1128 Ave A Marrero, LA 70072	(504) 368-1414 O (504) 368-9271 F (504) 341-2322 H
<b>N Lois Roberts</b> Region IV Fort Worth <b>YrMemb:</b> 1993 <b>Bday:</b> 05/26 Branch Office Administrator	H    Edward Jones 1153 SE Pkwy Azle, TX 76020 lobobrob@flash.net	7705 Westwind Dr. Fort Worth, TX 76179 lois.roberts@edwardjones.com	(817) 238-0089 O (877) 631-6118 F (817) 236-3852 H
<b>Linda Clark</b> Region V Farmington <b>YrMemb:</b> 2004 <b>Bday:</b> 08/28 N/A	O    A Plus Well Service PO Box 1979 Farmington, NM 87499 linda@apluswell.com	No 46 RD 5151 Bloomfield, NM 87413	(505) 325-2627 O (505) 325-1211 F (505) 632-3576 H
<b>Linda Gau</b> Region VI Enid <b>YrMemb:</b> 1997 <b>Bday:</b> 01/27 Admin Asst./Engineering Tech	O    Continental Resources Inc PO Box 1032 Enid, OK 73702 gauls@contres.com	1626 Cansler Enid, OK 73703	(580) 548-5119 O (580) 548-5226 F (580) 233-7829 H
<b>Brian Carter</b> Region VII Alberta Foothills <b>YrMemb:</b> 2003 <b>Bday:</b> 12/31 Sr Security Advisor	H    Fortis Alberta 320 17th Ave SW Calgary, AB T2S 2V1 brian.carter@fortisalberta.com	42 Promenade Way SE Calgary, AB T2Z 3R4 marilyn.carter@shaw.ca	(403) 514-4328 O (403) 514-5328 F (403) 241-7267 H



**2009**

**ADDC Convention**

**Information**

**Calgary, Alberta, Canada**

**September 13 - 19, 2009**

Complete Information available on ADDC Website

# ASSOCIATION OF DESK AND DERRICK CLUBS

58th Annual Convention

September 13 - 19th, 2009

The Westin Hotel ~ Calgary, Alberta



Host: Alberta Foothills Desk and Derrick

First Name: \_\_\_\_\_ Member #: \_\_\_\_\_ Region: \_\_\_\_\_  
 Last Name: \_\_\_\_\_  
 Company: \_\_\_\_\_ Club: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_ Arrival Date: \_\_\_\_\_ Time: \_\_\_\_\_

Delegate ☐ Alternate ☐ 1st ADDC Convention ☐

Diet Restrictions: \_\_\_\_\_ Other Requirements: \_\_\_\_\_

## REGISTRATION DEADLINE: AUGUST 14, 2009

### Registration Fee per person includes:

Business Sessions, Friday Industry Luncheon, Friday Evening

Social, Saturday Member Recognition Luncheon & Saturday Banquet.

Pay by Cash, Check, Visa or Mastercard in U.S. Funds

Registration Postmarked after August 15, 2009 (Cash/Check)

**Fee # Attending Total Cost**

\$225 \_\_\_\_\_ \$

\$240 \_\_\_\_\_ \$

### MEMBERS MUST BE REGISTERED TO ATTEND ANY FUNCTION.

### PLEASE LIST NAME(S) OF EACH NON-MEMBER ATTENDING THE FUNCTIONS BELOW:

#### 01. Friday Industry Luncheon

Guest: \_\_\_\_\_ \$50 \_\_\_\_\_ \$  
 Company: \_\_\_\_\_ # of guests

#### 02. Friday Energy Symposium

Guest: \_\_\_\_\_ FREE \_\_\_\_\_ \$  
 Company: \_\_\_\_\_ # of guests

#### 03. Friday Night Icebreaker - "Celebrating Western Spirit"

Guest: \_\_\_\_\_ \$50 \_\_\_\_\_ \$  
 Company: \_\_\_\_\_ # of guests

#### 04. Saturday Member Recognition Luncheon

Guest: \_\_\_\_\_ \$50 \_\_\_\_\_ \$  
 Company: \_\_\_\_\_ # of guests

#### 05. Saturday Banquet

Guest: \_\_\_\_\_ \$65 \_\_\_\_\_ \$  
 Company: \_\_\_\_\_ # of guests

## TOTAL REGISTRATION FEES IN U.S. FUNDS

Credit Card Charge:	Visa <input type="checkbox"/>	MasterCard <input type="checkbox"/>
Card Number:	_____	Exp. Date: _____
Signature:	_____	Date Paid: _____
Email Registration with Credit Card payment to: adotulsa@swbell.net		

Total - Page 1 \$

Total - Page 2 \$

**GRAND TOTAL** \$

Make checks payable to: 2009 Convention Fund  
 Mail to: ASSOCIATION OF DESK AND DERRICK CLUBS  
 5153 E. 51st Street, Suite 107  
 Tulsa, Oklahoma 74135  
 ADO Fax: (918) 622-1675

Contact: Marilyn Carter, GAC Co-Chair Lucy Mulgrew, GAC Co-Chair  
 Email: [marilyn.carter@cnrl.com](mailto:marilyn.carter@cnrl.com) [lucy.mulgrew@cnrl.com](mailto:lucy.mulgrew@cnrl.com)  
 Telephone: 403-386-5056 403-514-7587

### REGISTRATION DEADLINES

ADDC Board July 24, 2009  
 Delegates/Alternates July 24, 2009  
 Final Registration Date (Postmarked) August 14, 2009

### REFUND POLICY

Full Refund August 15, 2009  
 No Refund After September 1, 2009

### RETURN CHECK POLICY - \$35

FOR ADO USE ONLY Date Rec'd No: Emergency Form Rec'd

## FIELD TRIPS &amp; TOURS

**SUNDAY, Sept. 13 - TUESDAY, Sept. 15**

06. Experience the Energy (Sun 7:00 am - Tues 9:00 pm)

Fees Member/Non-Member	# Attending Mem / Non	Total Cost
MBR \$360 / Non \$425	/	\$

**MONDAY, September 14**

07. Mountain Building &amp; Global Warming (7:00 am - 10:00 pm)

MBR \$165 / Non \$175	/	\$
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08. Snubbing, Not Just a Coal(d) Shoulder (7:30 am - 6:00 pm)

MBR \$60 / Non \$70	/	\$
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**TUESDAY, September 15**

09. Looking Back - Moving Forward (7:00 am - 6:00 pm)

MBR \$70 / Non \$80	/	\$
---------------------	---	----

10. One Heck of a Coilin, Fracin...Tour (7:30 am - 6:00 pm)

MBR \$60 / Non \$70	/	\$
---------------------	---	----

## CERTIFICATION PROGRAM

**WEDNESDAY, September 16**11. ADDC Certification Program (8:00 am - 5:00 pm)  
Land & Leasing

Fees Member/Non-Member	# Attending Mem / Non	Total Cost
MBR \$75 / Non \$125	/	\$

## SEMINARS

**WEDNESDAY, September 16**

12. Spud to Rig Release (8:00 am - 10:00 am)

MBR \$25 / Non \$35	/	\$
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13. Be Safe~Not Sorry (10:30 am - 12:30 pm)

MBR \$35 / Non \$45	/	\$
---------------------	---	----

14. Coming Together With Rhythm (1:30 pm - 4:00 pm)

MBR \$40 / Non \$50	/	\$
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**THURSDAY, September 17**

15. Introduction to Drilling Fluids (8:00 am - 10:00 am)

MBR \$25 / Non \$35	/	\$
---------------------	---	----

16. Wired That Way (8:00 am - 10:30 am)

MBR \$35 / Non \$45	/	\$
---------------------	---	----

17. Wind Power 101 (10:30 am - Noon)

MBR \$25 / Non \$35	/	\$
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18. The Oil Sands Story (1:00 pm - 2:30 pm)

MBR \$25 / Non \$35	/	\$
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19. Why I Can't Be A Regional Director (7:00 pm - 8:30 pm)

No Charge	/	N/C
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## NON-INDUSTRY EVENTS

**WEDNESDAY September 16**20. Jubilations Dinner Theatre (5:00 pm - 10:00 pm)  
"Thank You Mr. Presley"

Fees Member/Non-Member	# Attending Mem / Non	Total Cost
MBR-\$65 / Non-\$75	/	\$

**TOTAL PAGE 2 = Field Trips/Tours + Certification + Seminars + Non-Industry Event****\$**

## EMERGENCY RELEASE INFORMATION

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

**IN CASE OF EMERGENCY, PLEASE NOTIFY:**

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

***I understand that my participation in the field trips or special events is at my own risk and responsibility. The Alberta Foothills Club and the Association of Desk and Derrick Clubs assume no liability.***

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Guest(s) Last Name: \_\_\_\_\_

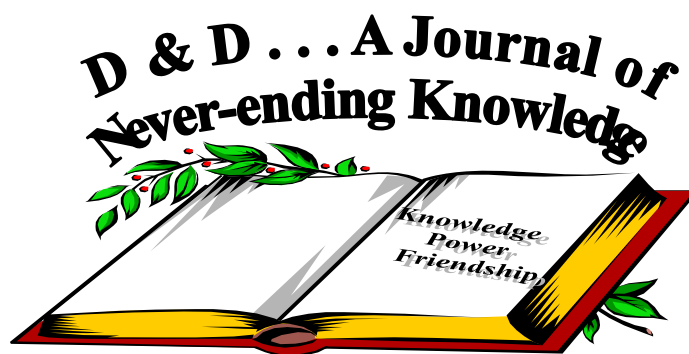
Guest(s) First Name: \_\_\_\_\_

**This form is to be completed by each person attending ADDC Convention Activities.**  
**Signed release forms must be received before departure on any Field Trip/Tour or Special Event.**

The information provided here will be treated as confidential.

This form may be copied for additional reservations.

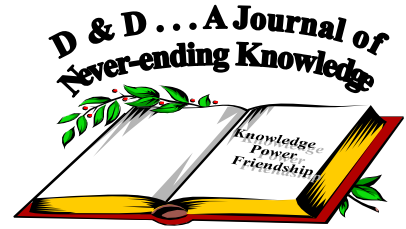
# Region Information



# Region III Director's Newsletter

Elaine Lesnak  
Region III Director

[elesnak@miswaco.com](mailto:elesnak@miswaco.com)



**August 2009**

*To: All Region III Members*

*Just a reminder to members planning to attend Convention in Calgary, Alberta Canada, registration deadline is August 14<sup>th</sup>. Great field trips, great seminars, lots of fun and education are planned. We have amendments and two officers to vote for which will give us lots of entries to add to our journals.*

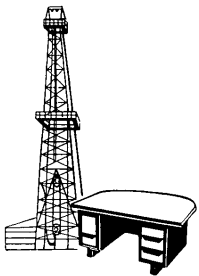
*On July 15<sup>th</sup> I along with other Westbank Members joined the Houma Club to celebrate their IAN. We had a wonderful time visiting with the Houma Club.*

*Now is the time to start thinking about what you can do for your club by running for your Club's 2010 Officers or Board of Directors. I know there are bundles of talent out there just waiting to be released. Think of all the great things you can do to help your club. I know not everyone can be on the Board, so volunteer for a committee.*

*I would like to wish a happy birthday to the Morgan City Club; they will celebrate their 43<sup>rd</sup> birthday on August 2<sup>nd</sup>. Congratulations to you, may you have many entries in your Desk and Derrick Journal in the years to come.*

*Best Regards*

*Elaine*



ASSOCIATION OF  
DESK AND DERRICK  
CLUBS

**Association of Desk and Derrick Clubs**

2009 Region III Club Presidents

<b>Name/Member Info</b>	<b>O/H</b>	<b>Office Info</b>	<b>Home Info</b>	<b>Phones</b>
<b>Lois Folse</b> Baton Rouge <i>YrMemb:</i> 1990 <i>Bday:</i> 08/31 Legislative Assistant	O	ConocoPhillips 450 Laurel St Ste 1410 Baton Rouge, LA 70801 lois.c.folse@conocophillips.com	16908 Highland Club Ave. Baton Rouge, LA 70817	(225) 344-3206 O (225) 344-4410 F (225) 752-9941 H
<b>Jana Hazelwood</b> El Dorado, Arkansas <i>YrMemb:</i> 2003 <i>Bday:</i> 10/30 Accounting Supervisor	O	Lion Oil Company 1000 McHenry El Dorado, AR 71730 jana.hazelwood@lionoil.com	813 Doe Meadow Ln El Dorado, AR 71730	(870) 864-1470 O (870) 864-1163 F (870) 863-5905 H
<b>Anita Cunningham</b> Houma <i>YrMemb:</i> 1998 <i>Bday:</i> 08/27 Coastal Pipe Rec. Dept. Admin.	H	Baker Atlas 2137 Bayou Blue Rd Houma, LA 70364 anita.cunningham@bakeratlas.com	208 Highland Dr Houma, LA 70364-2630 anita827@bellsouth.net	(985) 876-2811 O (985) 851-2015 F (985) 876-3463 H
<b>Lori Landry</b> Lafayette <i>YrMemb:</i> 1997 <i>Bday:</i> 04/24 Administrative Manager	O	Bean Resources Inc PO Box 52768 Lafayette, LA 70505 lmatthieu@beanresources.com	102 Brownlee Ave. Broussard, LA 70518 lorimatthieu@cox.net	(337) 234-2326 O (337) 234-2330 F (337) 839-9478 H
<b>Rhonda Reynolds</b> Laurel <i>YrMemb:</i> 2004 <i>Bday:</i> 02/25 Retired/Co-Owner	H	Retired/Double R Packers  rhonda_reynolds@comcast.net	81 Southern Colonel rd Laurel, MS 39443	(601) 649-1436 H
<b>Valina "Val" Blanchard</b> Morgan City <i>YrMemb:</i> 1986 <i>Bday:</i> 09/03 Office Manager	O	Perry Flying Center Inc PO Box 85 Patterson, LA 70392-0085 v.mullen.pfc@glacoxmail.com	113 Lincoln Dr Patterson, LA 70392 scooter50@cox.net	(985) 395-4501 O (985) 395-5648 F (985) 395-2559 H
<b>Deborah Baiamonte</b> New Orleans <i>YrMemb:</i> 1972 <i>Bday:</i> 03/19 Secretary/Trea Office Mgr	H	Seal Energy Company 2712 Athania Pkwy Metairie, LA 70002 d_baiamonte@cox.net	840 Homestead Ave Metairie, LA 70005	(504) 453-1009 C (504) 834-5866 F (504) 832-1578 H
<b>Dee Hilliard</b> Red River <i>YrMemb:</i> 2005 <i>Bday:</i> 02/25	H	New Tech Engineering 330 Marshall St., #707 Shreveport, LA 71101 dhilliard@newtecheng.com	8700 Dogwood Tr Haughton, LA 71037	(318) 213-0370 O (318) 213-0373 F (318)949-1662 H
<b>Cheryl LeBoeuf</b> Westbank <i>YrMemb:</i> 1999 <i>Bday:</i> 08/02	H		110 Mu St Belle Chasse, LA 70037 cheryl@cmaccess.com	(504)392-7094 H

Dear Members,

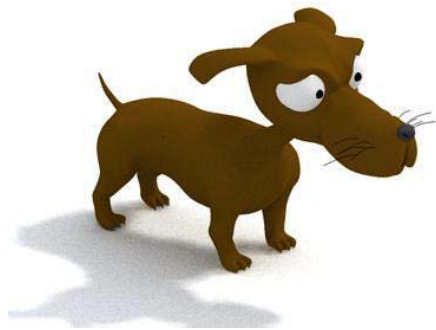
Donna Seibert, 2009 President Elect is looking for 2010 Committee Reps for Region III. Please let me know if you would like to serve as Region III Rep for any of the unassigned committees. I will then compile the list and forward to Donna. Below is a list of available openings. Thanks

Elaine Lesnak

**2010 Region III Committee Reps**

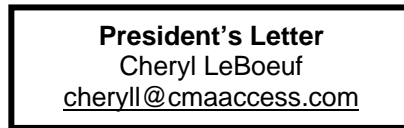
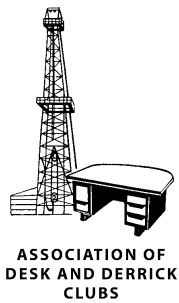
<b>Club Bylaws Review</b>	Val Blanchard
<b>Education</b>	
<b>Membership</b>	
<b>Program</b>	Rae Lynn Wertz
<b>Public Relations</b>	
<b>Rules</b>	
<b>Tax Exempt- U.S.</b>	
<b>Tax Exempt - CN</b>	
<b>SPECIAL:</b>	
<b>ADDC Manuals Review</b>	
<b>Certification</b>	
<b>Contest</b>	
<b>Credentials</b>	Kathy Martin
<b>DDJ</b>	
<b>Leadership Resources</b>	
<b>Long Range Planning</b>	
<b>Nominating</b>	
<b>Publications</b>	
<b>Scrapbook</b>	
<b>Tally</b>	Debbie Biamonte
<b>Trade Show - U.S.</b>	
<b>Trade Show - CN.</b>	
<b>Winning Image Photo</b>	

# Westbank Club Information



*The Long and Short  
of Desk and Derrick*





## August 2009

August is here and school has now started. Our Bonko is scheduled for August 15, 2009, so I hope that everyone has plans to attend and will have a great time. I will be out of town, but I know that Gaylen and all of the other members will do a great job and we'll have another successful Bonko.

Have you thought about running for office? If not, now is the time to consider it. I know how easy it is to just sit back and watch, but that will not keep this club running successfully. I did that for a long time too, until I realized how rewarding it would be to step outside of my comfort zone, never realizing that five years later, I'd still be on the board. Westbank is a great club and we have so many talented members! Please think about it and share your talents with the rest of us. If I can do it, you can too! A resume form is included in this bulletin. Please complete the form and forward it to Judy Guillot before the deadline.

We will be heading north to Canada and I'm so excited because I've never been there before and I expect it to be a wonderful experience. I am also looking forward to attending convention and I want all of the members to know how proud I am to represent the Westbank Club.

Our August speaker will be our own James Hunter with Capital Investments. Please make plans to join us at the meeting as Jim gives his time to share his knowledge. Hope to see everyone at the August meeting!

*Cheryl LeBoeuf*

Never let go of that fiery sadness called desire.

- [Patti Smith](#)

## 2009 Officers and Board of Directors

### President

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Join us at the August Meeting of the  
Desk and Derrick Club of the Westbank

Wednesday, August 26, 2009

The Four Columns  
3711 Westbank Expressway  
Harvey, Louisiana  
6:00 p.m.

Speaker  
Jim Hunter  
Capital Investments

Topic  
International Oil Ventures

Dinner - Buffet \$20

If you make a dinner reservation and cannot attend the Membership Meeting, please contact Gaylen Guillory [gagui811@cox.net](mailto:gagui811@cox.net) or call (504)301-8809 no later than 12:00 noon on Monday, prior to the meeting to cancel or you will be billed.

# WHAT IS P-TECH?

When a Desk and Derrick member **hears** someone say “PETEX,” they think of the Fundamentals of Petroleum Correspondence Course offered through the Continuing Education Division at the University of Texas. But, when Keith Tolleson says “P-Tech,” it may sound the same, but it is a shortened version of Process Technology.

Process Technology is a two year Associates Degree Program offered at the Elaine Nunez Community College in Chalmette, Louisiana. There, they train technicians and operators to work in oil and gas, petroleum, refining, and the chemical engineering industries. The program gives students a “heads-up” to get into specialized training with a company, i.e. pulping paper, drilling, production, or refining. Process Technology comprises many different areas and companies are very supportive of the graduates. Industry drives these companies. They do things their way, for the area in which they live.

There are over 300 major facilities from the mouth of the river to Baton Rouge that need operators – experienced people to fill jobs. There is a need for technicians in Process Technology. These are some of the highest paying jobs in Louisiana. These are professional jobs. Women who complete the program are very suited to Process Technology. Their communication skills are better than men. They have an advantage when it comes to computer and clerical skills. More and more women are getting involved and they are always at the top of their class. It is a knowledge-based course including chemistry and physics. Turn around in P-Tech is good as “new blood” is ready to step in when those eligible for retirement do so.

The #1 skill needed in Process Technology, is COMMUNICATION. It is **vital**. It is the main skill needed to succeed. Business = Communication. Process Technology is the study of process, the application, maintenance, and operation of a unit that converts raw material into a finished product. Industry has a need for Process Technology, and Nunez College teaches all aspects of it: Instrumentation, equipment, trouble shooting, whatever.

Exxon and Chevron gave birth to this new program and Keith was called to be in on the ground floor. Unfortunately, 72 hours after he was hired, *Katrina* hit. With the massive devastation in St. Bernard Parish, the Federal Government wanted to bulldoze the college, but industry was staying. They were not going to relocate. So, Nunez stayed and started cleaning up and gearing up. One year after *Katrina*, Process Technology had the most students of any program at Nunez, including the nursing program.

Nunez is nationally certified with three national organizations and accredited with CAPT (Center for the Advancement of Process Technology). They meet all of their bylaws and

credentials through CAPT. They are also part of GCPTA (Gulf Coast Process Technology Alliance). Nunez had the first Process Technology course in the United States to be certified and accredited through NAIT (National Association for Industrial Technology). Whatever course a student takes, it is their fingerprint for life. If they transfer they still get credit. It is recognized all over. This is a national curriculum.

Nunez also has an internship program which lasts for three months, where students get paid by the company. This is a win-win situation as the student increases his education and the company experiences a trial period of a potential new employee. Once a student decides to pursue this, he must commit and apply himself. Behaviors must change. **There are no short cuts.** You can not fake it. Can you imagine the networking that occurs during this internship? Students are as excited to get involved as the companies are to have them.

A question was asked if the Associates Degree can be applied to a four-year program, and it can. The Process Technology classes are a block of classes in the 300 level. When entering a four-year program, one would only need an additional 18 months to get that degree. Currently Nicholls State University will allow you to pursue a Petroleum Service Degree. This includes management, safety, and process/operations.

Another question was asked about the age of the students. There is a wide, mixed range. A 40 or 50 year-old could easily be sitting next to an 18 year-old.

When it comes to education, Keith knows what he speaks. He had worked in oil and gas in the Gulf of Mexico for 14 years and had been out of school for that period of time when things started going downhill in the 1980s. He decided to go back to school at Nicholls for his teaching degree. After teaching for 10 years, he got the call from Nunez and has been with them 4 years. Although not now in school, Keith considers that he is still adding to his education. He stated that every time he speaks to a group he also learns something about that group, thus enhancing his education.

Keith brought along a promotional video of interviews of current and past students in Process Technology. They documented that the earnings are above average with good benefits and there are many advantages for advancement.

It is quite possible that Westbank will advance to an industry seminar on Process Technology before the end of this year.

Written by:  
Dottie Ancona and Angie Duplessis.



## **WESTBANK NEEDS YOU!!!**

**Nominations for the 2010 Officers and Board of Directors are open. Please consider running for an office. If you are interested, fill out the resume form and send to Judy Guillot before the deadline – September 28, 2009.**

**WESTBANK DESK & DERRICK CLUB  
RESUME' FOR 2010 OFFICE**

**Name:** \_\_\_\_\_

**Candidate for:** \_\_\_\_\_

**Company:** \_\_\_\_\_

**Position:** \_\_\_\_\_

**Years as D&D Member:** \_\_\_\_\_

**Offices held:** \_\_\_\_\_

**Club Experience:** \_\_\_\_\_

**Association Experience:** \_\_\_\_\_

**Regionals Attended:** \_\_\_\_\_ **Conventions Attended:** \_\_\_\_\_

**Business Experience:** \_\_\_\_\_

**Educational Background:** \_\_\_\_\_

**Personal Data:** \_\_\_\_\_

**Company Support:** \_\_\_\_\_

**Deadline: September 28, 2010**

**Mail your resume to:**

**Judy Guillot**

**4005 Hillcrest Drive**

**Marrero, LA 70072**

**504-347-0022**

**Judy.s.guillot.hvze@statefarm.com**

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# Nutritional Information

by Theresa Adams

*(Information gathered from Zest for Life Website)*

## Vitamins: What You Should Know

Vitamins are natural substances found in plants and animals. Your body uses these substances to stay healthy and support its many functions. There are two types of vitamins: water-soluble and fat-soluble.

### What are water-soluble vitamins?

Water-soluble vitamins are easily absorbed by your body. Unlike fat-soluble vitamins, they don't have to be absorbed using bile acids (fluids used to digest fats). Your body doesn't store large amounts of water-soluble vitamins. The water-soluble vitamins you don't need are removed by your kidneys and come out in your urine.

Vitamins B complex, including thiamine, riboflavin, niacin, B6 (pyridoxine), folacin, B12 (cyanocobalamin), pantothenic acid, biotin and vitamin C, as well as PABA, inositol and choline are all water soluble and are therefore classed as "water-soluble vitamins".

*Although PABA, inositol and choline are listed here, their classification as vitamins is sometimes questioned.*

**Vitamin B Complex** actually refers to a selection of nutrients with some very similar properties, but they are separate nutrients, although most of them work in synergy. These similarities made researchers first think on one vitamin alone, but after full investigation it was found that there were in actual fact several factors included in this one term – hence the group was called the vitamin B complex with each fraction receiving a separate designation, letter, descriptive name or chemical term.

All these nutrients are soluble in water and are distributed in many common foods with many similarities in dietary sources.

**Vitamin B1 or Thiamin**, is used in many different body functions and deficiencies may have far reaching effects on the body, yet very little of this vitamin is stored in the body, and depletion of this vitamin can happen within 14 days.

Thiamin is also a miraculous nutrient, somebody suffering from beriberi, scarcely able to lift their head from their pillow, will respond quickly from injected thiamin, and will be on their feet within a matter of hours. Thiamin may enhance circulation, helps with blood formation and the metabolism of carbohydrates. It is also required

for the health of the nervous system and is used in the biosynthesis of a number of cell constituents. It also aids in digestion as it is used in the manufacture of hydrochloric acid. It is also great for the brain and may help with depression and assist in memory and learning.

**Vitamin B2 or Riboflavin** is manufactured in the body by the intestinal flora and is easily absorbed. Very small quantities are stored so there is a constant need for this vitamin.

The body requires it for the use of oxygen and the metabolism of amino acids, fatty acids, and carbohydrates. Riboflavin is further needed to activate vitamin B6 (pyridoxine), helps to create niacin and assists the adrenal gland. It may be used for red blood cell formation, antibody production, cell respiration, and growth. Although it is needed for periods of rapid growth, it is also needed when protein intake is high, and is most beneficial to the skin, hair and nails.

**Vitamin B3 or Niacin** can be manufactured by the body. Niacin is derived from two compounds - nicotinic acid and niacinamide.

Vitamin B3 is required for cell respiration, helps in the release of energy and metabolism of carbohydrates, fats, and proteins, proper circulation and healthy skin, functioning of the nervous system, and normal secretion of bile and stomach fluids. It is used in the synthesis of sex hormones, treating schizophrenia and other mental illnesses, and a memory-enhancer. Nicotinic acid (but not nicotinamide) given in drug dosage improves the blood cholesterol profile, and has been used to clear the body of organic poisons, such as certain insecticides. People report more mental alertness when this vitamin is in sufficient supply.

**Vitamin B5 or Pantothenic acid**, known also as the "anti-stress vitamin" is part of the B group vitamins and classified as a water-soluble vitamin. This nutrient can be manufactured in the body by the intestinal flora.

Vitamin B5 plays an important role in the secretion of hormones, such as cortisone because of the role it plays in supporting the adrenal gland. These hormones assist the metabolism, help to fight allergies and are beneficial in the maintenance of healthy skin, muscles and nerves. Pantothenic acid is used in the release of energy as well as the metabolism of fat, protein and carbohydrates. It is used in the creation of lipids, neurotransmitters, steroid hormones and hemoglobin. Some are of the opinion that pantothenic acid is also helpful to fight wrinkles as well as graying of the hair.

**Vitamin B6 or Pyridoxine** is part of the B group vitamins and is required for both mental and physical health.

Pyridoxine is required for the balancing of hormonal changes in women as well as assisting the immune system and the growth of new cells. It is also used in the processing and metabolism of proteins, fats and carbohydrates, while assisting with controlling your mood as well as your behavior. Pyridoxine might also be of benefit for children with learning difficulties, as well as assisting in the prevention of dandruff, eczema and psoriasis. It assists in the balancing of sodium and potassium as well promotes red blood cell production. It is further involved in the nucleic acids RNA as well as DNA. It is further linked to cancer immunity and fights the formation of the toxic chemical homocysteine, which is detrimental to the heart muscle.

When low on B6, women may suffer from pre-menstrual fluid retention, severe period pains, emotional PMS symptoms, premenstrual acne and nausea in early pregnancy. Mood swings, depression as well as loss of sexual drive is sometimes noted when pyridoxine is in short supply and the person is on hormone replacement therapy or on birth control pills.

**Vitamin B9 or Folic acid**, is also referred to as folacin or folate and its chemical name is pteroylglutamic acid. This vitamin can be manufactured by the body and be stored in the liver.

Folic acid is required for DNA synthesis and cell growth and is important for red blood cell formation, energy production as well as the forming of amino acids. Folic acid is essential for creating heme, the iron containing substance in hemoglobin, crucial for oxygen transport. It is important for healthy cell division and replication, since it is involved as a coenzyme for RNA and DNA synthesis. It is also required for protein metabolism and in treating folic acid anemia. Folic acid also assists in digestion, and the nervous system, and works at improving mental as well as emotional health. This nutrient may be effective in treating depression and anxiety. Folic acid is very important in the development of the nervous system of a developing fetus.

**Vitamin B12 or Cyanocobamin and Cobolamin** is known as the energy vitamin and has been a widely researched vitamin, and used in supplementation to a very large degree.

Cobolamin is needed in the manufacture of red blood cells and the maintenance of red blood cells and it stimulates appetite, promotes growth and release of energy. It is often used with older people to give an energy boost, assist in preventing mental deterioration and helps with speeding up thought processes. Some people are also of the opinion that it helps with clearing up infections and

provides protection against allergies and cancer. This vitamin is also used in the metabolism of fats, proteins and carbohydrates

**Vitamin H or Biotin** is part of the Vitamin B Complex group. Vitamin H is used in cell growth, the production of fatty acids, metabolism of fats, and proteins. It plays a role in the Krebs cycle, which is the process in which energy is released from food.

Biotin is also indicated for healthy hair and skin, healthy sweat glands, nerve tissue, and bone marrow, and assisting with muscle pain. Vitamin H not only assists in various metabolic chemical conversions, but also helps with the transfer of carbon dioxide. Biotin is also helpful in maintaining a steady blood sugar level.

**Vitamin C or Ascorbic acid** is also known as L-ascorbic acid, dehydroascorbic acid, the antiscorbutic vitamin, L-xyloascorbic acid and L-threo-hex-2-uronic acid-lactone. It is a much talked about vitamin, with people claiming it as a cure-all for many diseases and problems - from cancer to the common cold. Yet, this miracle vitamin cannot be manufactured by the body, and needs to be ingested.

Vitamin C is required in the synthesis of collagen in connective tissue, neurotransmitters, steroid hormones, carnitine, conversion of cholesterol to bile acids and enhances iron bioavailability. Ascorbic acid is a great antioxidant and helps protect the body against pollutants. Because Vitamin C is a biological reducing agent, it is also linked to prevention of degenerative diseases - such as cataracts, certain cancers and cardiovascular diseases.

Ascorbic acid also promotes healthy cell development, proper calcium absorption, normal tissue growth and repair - such as healing of wounds and burns. It assists in the prevention of blood clotting and bruising, and strengthening the walls of the capillaries. Vitamin C is needed for healthy gums, to help protect against infection, and assisting with clearing up infections and is thought to enhance the immune system and help reduce cholesterol levels, high blood pressure and preventing arteriosclerosis.

**PABA or Para-aminobenzoic acid** is often thought of as only an ingredient used in sunscreens, while it is in actual fact a nutritional ingredient as well. Since it is a moiety of PGA, a form of folic acid, some health professionals do not consider it a vitamin, but only a B-complex factor.

PABA is used to improve the protein used in the body, it relates to red blood cell formation as well as assisting the manufacture of folic acid in the intestines. Para-aminobenzoic acid is used in sunscreen preparations since it can help protect the skin against ultra-violet radiation. It has been linked to hair growth as

well as reversing the graying of hair, but these results are disappointing. People suffering from vitiligo, over-pigmentation of skin, or without pigment in some spots, have reported an improvement of the skin after more PABA was ingested.

**Choline's** metabolism is closely interrelated to that of methionine, and methyl-folate, yet choline is at times treated by some nutritional specialists as a stepchild in nutrition.

Choline assists in controlling your weight as well as cholesterol levels, keeping cell membranes healthy and in preventing gallstones. It is also most useful in the maintenance of the nervous system, assisting memory and learning, and may help to fight infections, including hepatitis and AIDS. Choline is critical for normal membrane structure and function.

**Inositol** is needed for health at cellular level and a fair concentration is found in the lens of the human eye as well as the heart.

Inositol plays an important part in the health of cell membranes especially the specialized cells in the brain, bone marrow, eyes and intestines. The function of the cell membranes is to regulate the contents of the cells, which makes effective functioning possible. Inositol is said to promote healthy hair, hair growth, and helps in controlling estrogen levels and may assist in preventing breast lumps. It may also be of benefit in reducing blood cholesterol levels.

Next month, Nutritional Information will present information on Fat Soluble Vitamins.

# WE HAVE BECOME OUR PARENTS!

Argh! Our worse nightmares have come true. We have become our parents (or even our grandparents).

I can remember rolling my eyes when my parents told me how tough they had it. They had to WALK to school with newspapers in their shoes, wear hand-me-downs, and when it was cold, burn their notepaper to keep warm while on the way. Did you ever say, "I will **not** do this to my kids." Well, guess what? . . . .

Have you ever told your kids that YOU had no internet? That researching a project was done by going to the library and looking up information in an encyclopedia or some other reference book? Have you said that you wrote letters and sent out cards via snail-mail with a 10¢ stamp on the envelope? Yep, you have become your parent.

There was no MP3, iPOD, or Napsters. If you wanted music you purchased a 45 or an LP at a **record store**. If you could not afford a record, you taped the song off of the radio by holding the tape recorder in front of the radio speaker. (Great audio quality there.)

Of course there was no PlayStation, Wii, or XBox. You had an Atari or an Intellivision and played games like Space Invaders, Pac-Man and Dungeons and Dragons.

The TV Guide was half the size it is now and this is where you looked to find out what was on TV. Stations broadcast in either VHF or UHF channels. High Def? No such thing. Remotes were "extra" when you bought a TV or else you had to get up and touch the TV to **manually** change the channel! Most of the screens were round, and color was just coming in. There was no cartoon channel or weather channel or SiFi network. You watched the original episodes of *The Outer Limits*, *Twilight Zone*, *I Love Lucy*, and *What's My Line*.

You rented your movie from the video store in either a VCR or a BetaMax format. No Netflix way back then. If you wanted popcorn you made it in an elaborate contraption called a popcorn popper. Microwaves were a thing of the future and all cooking was done on the stove.

When your phone rang you answered it and that is when you found out who was calling. There was no caller ID. If you were talking and someone else called, they got a busy signal - no call waiting either. Your phone was wired into the wall, no cordless. Only wealthy people had "Mobile

phones" and they very large and heavy, about the size of your regular phone plus the battery pack.

Your friends were not on Myspace. They were in their house and you actually walked over there and rang the doorbell to visit them.

Canal Street was THE place to shop. You got there by taking either a bus or streetcar (or both) and the fare was only 7¢. Phone calls were 5 ¢ at the corner pay phone.

All cameras used film, even the Polaroid which was black and white. My first camera was a Kodak Brownie Hawkeye. Anyone else have one?

My, how times have changed in the last 30 to 40 years. One can only imagine how things will be in the next 30 to 40 years when our kids will be parents and the cycle will repeat itself and **they** say, "When I was your age, . . ."

There is no stopping the aging process. We have become our parents and our kids will do the same in their own time.

Submitted by:  
Dottie Ancona.





*Happy  
Birthday*

*To*

*Our Members born in August*

Cheryl LeBoeuf – August 2

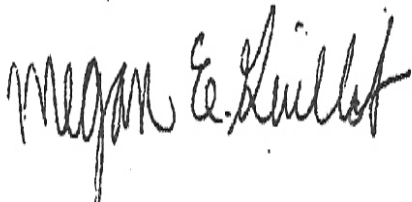
Gaylen Guillory – August 11

Mrs. Cheryl LeBoeuf, President  
Desk & Derrick Club of the Westbank  
P. O. Box 2875  
Gretna, LA 70054-2875

Dear Ms. Cheryl LeBoeuf, Desk & Derrick Scholarship Committee, and Members:

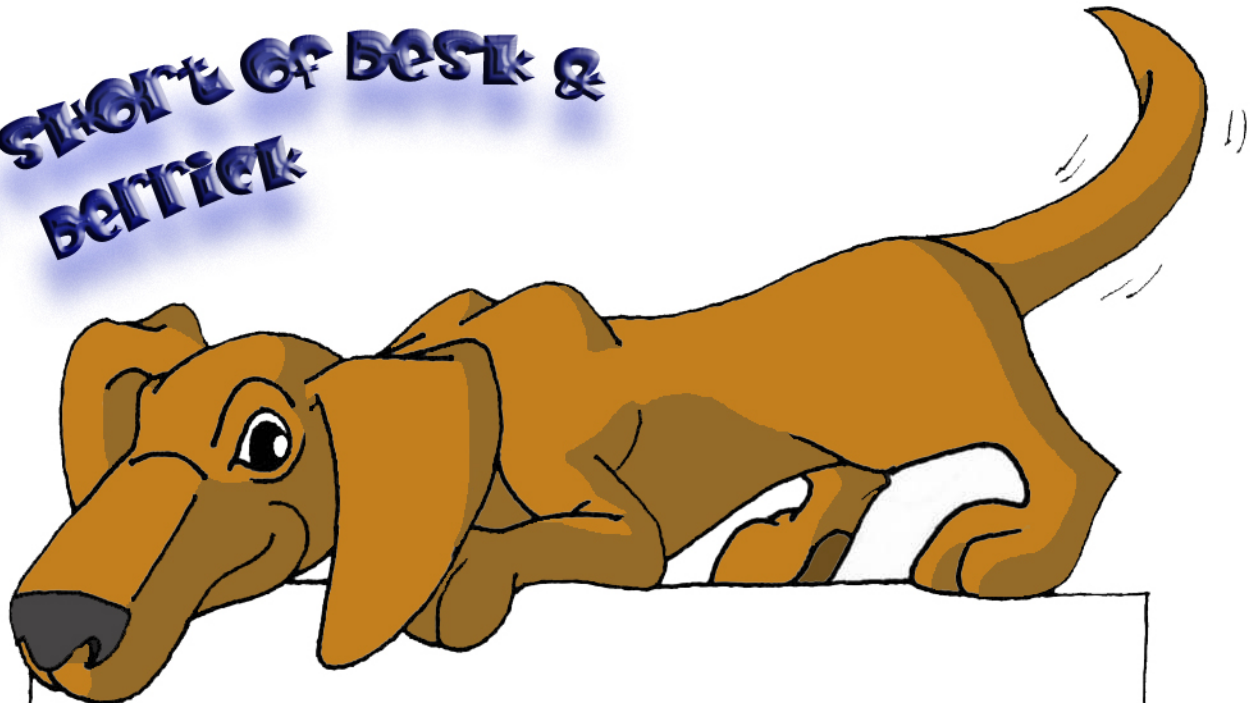
I am writing today to express my sincere appreciation for being recognized as one of the Desk and Derrick Scholarship recipients this year. This award means a lot to me and will greatly help with all the expenses that college brings, such as tuition, books, lab fees, residence, etc. I had a wonderful time at the last meeting, and it was nice to see you all again; thank you for allowing me to be a part of that. I truly believe your club does great things for our community and its members with the hard work and dedication of each one of you. I hope you all have a great meeting tonight and had fun at the Christmas Brunch Sunday; as soon as I turn twenty-one, I will be there! Thanks again for everything.

Sincerely,

A handwritten signature in cursive script that reads "Megan E. Guillot". The signature is written in dark ink and is positioned above the printed name.

Megan E. Guillot

# The Long and Short of Desk & Derrick



To the Desk & Derrick Club of the Westbank:

I want to personally thank all of you for the scholarship. It will come in handy when the tuition bill and book buys come around. As of now, I am only two semesters away from graduating with my Bachelor's degree in History, as well as my minor in Fine Arts and Anthropology; however, due to the current status of our economy, I may decide to continue my studies and achieve another Bachelor's degree in Fine Arts, then later achieve my Master's. (Who knows, I may become an animator for Disney, I'm hoping to anyway). Thanks again for all your support thru my college years, I greatly appreciate it.

Sincerely,

Corrin Bergeron

P.S.-See you all at Bonko!



**DESK AND DERRICK CLUB OF THE WESTBANK  
SCHOLARSHIP CONTRIBUTION/DONATION FORM**

NAME OF CONTRIBUTOR: \_\_\_\_\_

ADDRESS OF CONTRIBUTOR: \_\_\_\_\_

\_\_\_\_\_

TYPE OF CONTRIBUTION (please list individual's name under type of donation):

CONGRATULATIONS: \_\_\_\_\_

GUEST SPEAKER: \_\_\_\_\_

IN MEMORY OF: \_\_\_\_\_

OTHER: \_\_\_\_\_

NAME OF PERSON TO RECEIVE ACKNOWLEDGEMENT OF CONTRIBUTION:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

AMOUNT OF CONTRIBUTION: \$\_\_\_\_\_

DATE OF CONTRIBUTION: \_\_\_\_\_

PLEASE SEND COMPLETED FORM, ALONG WITH CONTRIBUTION, TO:

Desk and Derrick Club of the Westbank  
Scholarship Fund  
P.O. Box 2875  
Gretna, LA 70054-2875  
(504)301-8809 –Gaylen Guillory, Chairman

MAKE CHECKS PAYABLE TO: DESK AND DERRICK CLUB OF THE WESTBANK



**DESK & DERRICK CLUB OF THE WESTBANK  
2009 MEETING DATES**

**BOARD MEETINGS**

JANUARY 21, 2009  
FEBRUARY 18, 2009  
MARCH 11, 2009\*  
APRIL 15, 2009  
MAY 20, 2009  
JUNE 17, 2009  
JULY 15, 2009  
AUGUST 19, 2009  
SEPTEMBER 23, 2009\*\*  
OCTOBER 21, 2009  
NOVEMBER 11, 2009\*\*\*  
DECEMBER 9, 2009\*\*\*\*

**MEMBERSHIP MEETINGS**

JANUARY 28, 2009  
FEBRUARY 26, 2009  
MARCH 18, 2009\*  
APRIL 22, 2009  
MAY 27, 2009  
JUNE 24, 2009  
JULY 22, 2009  
AUGUST 26, 2009  
SEPTEMBER 30, 2009\*\*  
OCTOBER 28, 2009  
NOVEMBER 18, 2009\*\*\*  
DECEMBER 16, 2009\*\*\*\*

\*THE MARCH BOARD AND MEMBERSHIP MEETING MOVED UP DUE TO REGIONAL MEETING.

\*\* THE SEPTEMBER BOARD AND MEMBERSHIP MOVED DUE TO ADDC CONVENTION.

\*\*\*THE NOVEMBER BOARD AND MEMBERSHIP MEETINGS MOVED UP DUE TO THANKSGIVING.

\*\*\*\*THE DECEMBER BOARD AND MEMBERSHIP MEETINGS MOVED UP DUE TO CHRISTMAS.

ALL BOARD MEETINGS WILL BE HELD AT 110 MU STREET BELLE CHASSE, LA UNLESS NOTIFIED OTHERWISE.

ALL MEMBERSHIP MEETINGS WILL BE HELD AT, THE FOUR COLUMNS 3711 WESTBANK EXPRESSWAY, HARVEY, LA. UNLESS NOTIFIED OTHERWISE.

ALL BOARD MEETINGS AND GENERAL MEMBERSHIP MEETINGS BEGIN AT 6:00 PM

\*\*\*\*\*

**REGION III MEETING:**

March 25-28, 2009 in New Orleans, La – hosted by the New Orleans Club

**ADDC CONVENTIONS**

September 14-20, 2009 in Calgary Alberta, Canada-hosted by the Alberta Foothills Club

September 21-25 2010 in Houston, Texas-hosted by the Houston Club

September 21-25, 2011 in St Louis, Mo-hosted by Region II

# August 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>HOPE YOU ARE ENJOYING YOUR SUMMER</p>						1
2	3	4	5	6	7	8
9	10	11	12 BULLETIN DEADLINE	13	14	15 BONCKO PARTY
16	17	18	19 BOARD MEETING	20	21	22
23	24	25	26 GENERAL MEETING	27	28	29
30	31	<p><b>ADDC CONVENTION</b> <b>SEPTEMBER 13 - 19, 2009</b> <b>CALGARY, ALBERTA, CANADA</b></p>				



# September 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 BULLETIN DEADLINE	2	3	4	5
6	7 LABOR DAY	8	9	10	11	12
13	14	15 ADDC CONVENTION CALGARY, ALBERTA, CANADA SEPTEMBER 13 - SEPTEMBER 19	16	17	18	19
20	21	22	23 BOARD MEETING	24	25	26
27	28	29	30 GENERAL MEETING			

On the following page, you will find the **New Member Application for 2009**. THIS FORM NEEDS TO BE USED FOR **NEW MEMBERS ONLY**.

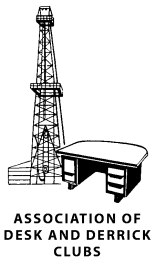
Because of the database system used at ADO these are the fields that are recognized. All potential members must fill in **ALL OF THE FIELDS**, including Area Codes!!! **Be sure to complete the section about receiving the D&D Journal online.** The only field that does not need to be filled in is the Member Number. This will be assigned by ADO.

Upon completion of this application, please enclose it along with your check for \$50.00 payable to the Desk and Derrick Club of the Westbank and send to:

Elaine Lesnak  
Membership Chairman  
P. O. Box 2875  
Gretna, LA 70056

Renewal forms for previous members have been distributed by the Club Membership Committee Chairperson.





# Association of Desk and Derrick Clubs

## 2009 Membership Application

The Association of Desk and Derrick Clubs is a non-profit educational organization whose purpose is to promote the educational and professional development of individuals employed in or affiliated with the petroleum, energy, and allied industries. Our motto is "Greater Knowledge – Greater Service."

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Last Name: \_\_\_\_\_ Preferred Mailing Address: \_\_\_\_\_ O=Office H=Home

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Member No.: \_\_\_\_\_ Region: **III**

M/F (Gender): \_\_\_\_\_ Bday (mm/dd): \_\_\_\_\_ Club: **Desk and Derrick Club of the Westbank**

Company Name: \_\_\_\_\_ Membership Type: **Member**

Job Title: \_\_\_\_\_

Company Address: \_\_\_\_\_ Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Country: \_\_\_\_\_ Postal/Zip: \_\_\_\_\_ Country: \_\_\_\_\_ Postal/Zip: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Office Fax: \_\_\_\_\_ Home Fax: \_\_\_\_\_

Primary E-mail: \_\_\_\_\_ Secondary E-mail: \_\_\_\_\_

How did you learn about us?

Would you prefer to receive The Desk and Derrick Journal online? ☐ Y=Yes N=No

Note: Membership Dues and Donations to the Association of Desk and Derrick Clubs are not tax deductible as CHARITABLE CONTRIBUTIONS but may qualify as BUSINESS DEDUCTIONS on Federal and State Tax Returns. DUES WILL NOT BE USED FOR LOBBYING PURPOSES.

Release Name: For purposes of membership recruiting, I authorize the Association of Desk and Derrick Clubs to release my name as part of a list of ADDC members.

Release Name: ☐ Y=Yes N=No

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Corporate Contribution: Amount \$ \_\_\_\_\_ Local ☐ Regional ☐ Association ☐

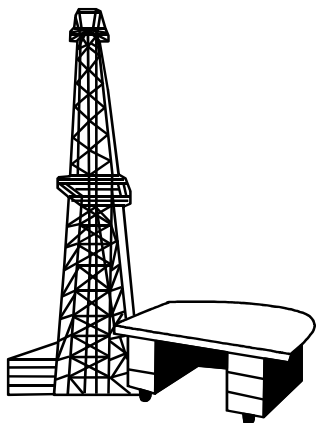
---

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Dues: **\$50.00**

Send to: Desk and Derrick Club of the Westbank  
Elaine Lesnak – Membership Chairman  
P.O. Box 2875  
Gretna, LA 70054-2875



Cheryl LeBoeuf, President  
Desk and Derrick Club of the Westbank  
P.O. Box 2875  
Gretna, LA 70054-2875